

What to Expect During Your Treatment

During an initial assessment with your OMP a full health history and structural examination will take place. Treatment is then rendered with a gentle, hands-on approach that is individualized and tailored to your unique structure.

Treatment will be focused on removing restrictions and restoring motion and function to the entire body, this will help to improve arterial, venous, nervous and lymphatic flow throughout the body in order to deliver nutrients and remove waste.

Your pain is as unique as you are.

Osteopathic Manual Practitioners understand your individual pain.



What Makes Osteopathy Unique?

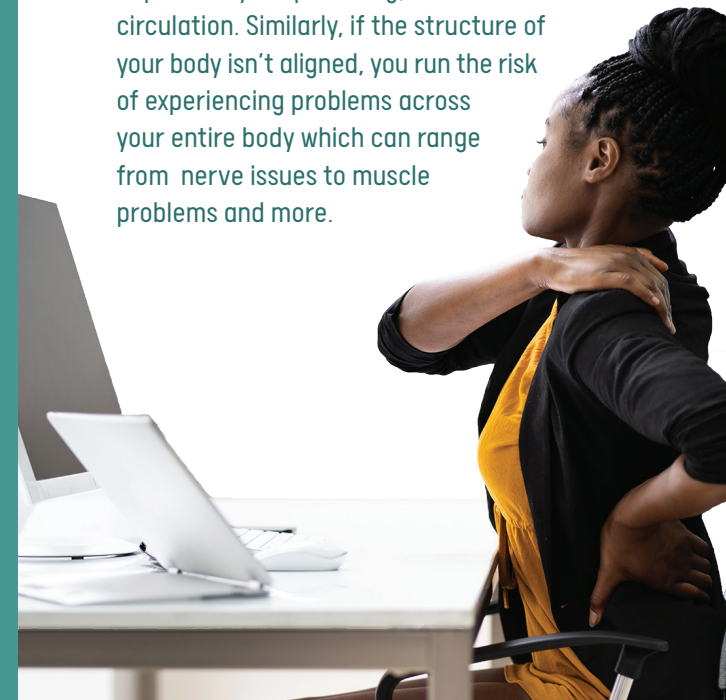
- Osteopathy is a manual form of therapy that emphasizes the relationship between the structure and function of the human body.
- This therapy follows a belief in the body's ability to self-heal and self-regulate which is why Osteopathic Manual Practitioners do not see themselves as healers, but instead as facilitators to health.
- Osteopathic Manual Practitioners identify, assess, and treat the body rhythm and structures, the basic technique is known as osteopathic palpation. OMP's spend many years developing the gentle touch technique which makes this treatment option different from the others.

Symptoms don't walk through our doors; people do.

When a patient comes into an OMP's office, they're not defined by their symptoms. We don't see a bad stomach, sore neck, or bad hip. We look at the full person and consider many other factors that could be contributing to their pain. This full body approach to health is the reason so many patients finally find relief with Osteopathic Therapy!

Everything is affected when your body has poor structure.

Your body is similar to a house, and if your house has a crooked foundation it's going to have an impact on your plumbing, electrical and air circulation. Similarly, if the structure of your body isn't aligned, you run the risk of experiencing problems across your entire body which can range from nerve issues to muscle problems and more.



What does an Osteopathic Manual Practitioner Do?

An Osteopathic Manual Practitioner (OMP) focuses on facilitating the health of joints and muscles through non-invasive Manual Therapy, helping to strengthen the framework of the body to encourage a fully-functional system.

By working with the interrelated systems and functions of the human body, Osteopathic Manual Therapy can get to the root of the problem which assists in returning the body to health, so it can self-heal and self-regulate.

Benefits of Treatment

Osteopathic Manual Therapy is individualized to facilitate health and wellness through motion. Osteopathic treatment can be beneficial for anyone at any age. The benefits of Osteopathic Treatment are endless, some of the many highlights include that it is a non- invasive and drug-free approach that has the ability to get to the root cause of pain.

Our practitioners are trained to fully assess the body, and treatment specifically targets the individual needs of the patient. No two treatments are exactly the same, because no two people are the same.



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Osteopathy



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